



# Market OUTLOOK

MARCH 14, 2019

NEW AT PRODUCE PLUS!

## ALDON'S LEAFY GREENS

We are proud to now offer a unique variety of locally grown microgreens and living greens from Aldon's Leafy Greens. Located in **Fair Oaks, CA**, products from Aldon's Leafy Greens are grown 365 days/year in a contained agriculture environment, and are pesticide and GMO free. Aldon's uses 90% less water and energy than conventional growers and contribute zero agriculture runoff to local waterways. We are proud to offer nutrient dense products from Aldon's Leafy Greens.

### Microgreens- packed in 4oz clamshells:

- **Borage Shoots**- mild cucumber or oyster leaf flavor with succulent texture.
- **Miz America Hybrid**- mizuna mustard microgreens with deep purple color and a pleasant, spicy taste.
- **Mitsuba**- Japanese parsley is a popular Asian herb with the clean, wild flavor of chervil-meets-celery leaf.
- **Mixed Mizuna**- 3 varieties of mustard in a colorful mix.
- **Mixed Bok Choy**- mix of green and purple bok choy microgreens add wonderful flavor and pop of color to your dishes.

### Living Greens with root ball attached:

- **Chef's Sampler** (22 root balls total)- mixed variety of living greens listed below.
- **Red Veined Sorrel** (6 root balls)- bright green leaves with rich red stem and veins; lemon tangy flavor.
- **Esmee Arugula** (4 plugs)- beautiful, oak-leaf shaped fine leaves. Its wonderful flavor that is more nutty than spicy sets Esmee apart from other arugulas.
- **Miz America Hybrid** (6 plugs)- living mizuna mustard with deep purple color and a pleasant, spicy taste.
- **Mitsuba** (4 plugs)- living Japanese parsley with the clean, wild flavor of chervil meets celery leaf.
- **White Stem Bok Choy** (2 plugs)- smooth green leaves and thick white stalks. It is one of the most popular Asian vegetables and a main ingredient in Asian cooking.



## CALIFORNIA ASPARAGUS



Weather has caused a late start to the season but California Asparagus (**from Salinas and the Central Valley**) is finally in stock! It is available by the 28# case or per pound. Asparagus is packed in five sizes: Pencil, Standard, Large, Extra Large and Jumbo. **The size of the asparagus should be determined by how you intend to cook it.**

- **Pencil** (about the diameter of a pencil) is best for sauté/ stir-frys and very quick cooking.
- **Standard** (roughly the diameter of your pinky finger) is the most common size and is great blanched in chilled salads or cold appetizers.
- **Large** (the diameter of your index finger) is great for grilling as it will allow you to add a nice char and still be al dente.
- **Extra Large and Jumbo** (about the diameter of your thumb) is perfect for longer cooking applications like roasting or braising.

It is important to know that size has no bearing on flavor or color.

**Farm to you overnight!**



# PERFECT PUREE

The Perfect Puree allows chefs and bartenders to **use hand-made purees, concentrates, and mixers year-round without the added time and cost associated with hand-crafted purees.** The Perfect Puree produces an extensive variety of fruit purees and blends with ideal consistency and exceptional flavor. Their flavors are made from the finest raw ingredients harvested at the peak of ripeness. The fruit is quickly processed and frozen to retain the highest degree of quality and freshness. Their products are completely smooth in texture and absent of any particles or graininess. The Perfect Puree is the essential ingredient for kitchens and bars- ideal for cocktails, marinades and sauces, glazes, salad dressings, vinaigrettes, soups, ice creams & sorbets, custards, candies, tarts, cakes and icings, plate decorations, and so much more! **We are proud to offer the following flavors, available in 30oz containers:**

- **Pomegranate**
- **Passion Fruit**
- **Blood Orange**
- **Cranberry**
- **Key Lime**
- **Meyer Lemon**
- **Caramelized Pineapple**
- **Tangerine/Mandarin**
- **Strawberry**
- **Black Currant**
- **Banana**
- **Red Raspberry**
- **White Peach**
- **Apricot**
- **Pink Guava**
- **More Mango**
- **Coconut**
- **Blueberry**
- **Prickly Pear**
- **Papaya**
- **Cherry**
- **Tamarind**
- **Green Apple**
- **Kiwi**
- **Lychee**
- **Sir William Pear**
- **Ginger**
- **Marion Blackberry**
- **Chipotle/Sour**
- **El Corazon** (passion fruit, blood orange and pomegranate blend)
- **Passion Colada** (passion fruit, pineapple and coconut blend)
- **Red Sangria** (berry concentrate blend)
- **Thai Basil & Black Pepper**
- **Yuzu Luxe Sour** (yuzu, lemongrass and kaffir lime blend)



# LOCAL FARMS

## Del Rio Botanical (organic)

- Fava Greens-2# case
- Pea Shoots-2# case
- Mizuna-4# case
- Arugula-4# case
- Braising Mix-4# case
- Spring Mix-2# case
- Red Frisee-2# case
- Lavender-1# case
- Red Sunchokes-5# case



## Riverdog Farm (organic)

- Red Spring Onion-10# case
- Green Garlic-10# case or #
- Scarlet Queen Turnip-10#
- King Richard Leek-12ct case
- Tokyo Turnips-10# case
- Rainbow Chard-12 bunch case
- Collard Greens-12 bunch case
- Dino Kale-12ct case
- Bloomsdale Spinach-4# case

## Full Belly Farm (organic)

- Dino Kale-12ct case
- Rainbow Chard-12 bunch case

## J&J Ramos

- Navel Oranges-88ct case
- Shasta Tangerines-25# case
- Cara Cara-20# case

## Wild River Farm

- Kiwi-36ct or volume filled (108ct) case
- Tropikiwi (golden)- 12.5# case (about 72ct)



## Capay Organic

- Nantes Carrots-24ct case
- Rainbow Bunch Carrots-24ct case
- Rainbow Chard-24ct case
- Dino Kale-24ct case



## Produce Alive (hydroponic)

- Watercress-1# bag

## California Endive Farms

- Belgian Endive-8# case or piece
- Red Endive-8# case
- Mixed Endive-12/3ct cello pack
- Coraline Chicory-3# case

## J Marchini Farms

- Radicchio-12ct case or piece
- Treviso-10ct case
- Castelfranco-10ct case
- Fennel-12ct case
- Mixed Chicory-12ct case



**Buy Local, Buy Fresh, Buy the Best**

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