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MARKET OUTLOOK

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JULY 23, 2015

Heirloom Cucumbers

We are most familiar with the dark, green American slicing cucumber; however, there are other varieties, several of which are seasonal at this time of year. Varieties available this week from Del Rio Botanical include: **Armenian**-Pale green in color, ridged, thin-skinned, and slender with significant curved shape as they grow. The flesh is distinctively sweet with a mild, citric flavor. 10# case. **Lemon**-A baseball sized cucumber that has a lemony looking skin and shape. Their flavor is excellent, a bit sweeter than other cucumbers. 10# case. **West Indian Gherkins**-Round and covered in edible dull "spikes," strongly resembling green burrs. Their flavor is mild and resembles cucumbers when young without the strong "green" bitterness of some common cucumbers. **Citrone**-A round Italian variety similar in size and shape to Lemon Cucumbers with crisp texture and refreshing flavor. 10# case. **Pepinito**-Crunchy and firm, about the size of a quail egg with a tinge of sourness. 1 pint clamshell. **Cornichons**-Small cucumbers 2-3 inches long used primarily for pickling. **Mixed Cucumbers**-A "ToyBox" of the above varieties. 10# case.

"Farm to you overnight"



LOCAL MELONS

R. KELLEY FARM



This week we are receiving several varieties of heirloom melons from **Ron Kelley Farms**, located outside the town of **Freeport** in the **Sacramento Delta**. Ron has been involved in Delta farming for over 40 years and serves as an agricultural consultant for a large seed company. Ron Kelley Farms has grown to a 25 acre farm

that grows over two dozen varieties of summer fruits and vegetables. The melons are packed in a single layer case and offered by the individual variety or **Mixed Case** (7-8 melons per case). **Savor**-One of several types of Charentais melon, a French heirloom variety. Savor is a small plump melon, weighing 2#. It has bright orange flesh, a deep aroma and very sweet in flavor. Savor is the melon most often served with prosciutto in Europe. 6-8ct case. **Crenshaw**-One of the more succulent melons with a dense, tender aromatic salmon-orange flesh that is both sweet and spicy. The Crenshaw is a hybrid cross between the Casaba and Persian melon and is often regarded as a dessert melon. 4ct case. **Crème de la Crème**-Not a cantaloupe, honeydew or muskmelon, there is simply no other melon like this one. The skin is orange-yellow and lightly netted. Inside, the fruit is creamy white, enticingly marbled with pale orange. It's deliciously fragrant, very sweet and slightly spicy. 6-8ct case. **Ambrosia**-An exotic melon hybrid that might be confused with a cantaloupe, but it's quite different. Its flesh is very sweet, floral, tender and pale orange in color. **Twice as Nice**-A canary melon, known for its strong and pleasing aroma with a distinct dark yellow rind. It has crisp white flesh with sweet, clean flavor and firm texture. 6-8ct case.

LOCAL PEPPERS



Though available year round, peppers are primarily warm season vegetables that flourish during the summer months. The many varieties of peppers can be divided into two main groups-sweet peppers and chile peppers. **Gypsy**-Medium size with long, tapered shape. Color changes from yellow-white to orange, then red during the harvest. Intense sweet flavor and excellent for roasting and stuffing. 10# case/Ron Kelley Farm **Padron**-A popular pepper, native to the ancient Spanish town of Padron. Padron is a small, green pepper, often crinkled, often fried, then served with quality olive oil and sea salt. Padron peppers are sweet and mild however, one in ten will be hot and spicy. 5# case/ Riverdog Farm. **Shishito**-A bright, glossy green, Japanese chile pepper. Slightly curvy and wrinkly, they offer a moderate but distinctive heat. 5# case/ Ron Kelley Farms. **Jimmy Nardello**-Long and conical in shape, sweet and light when eaten raw. It is considered one of the very best frying peppers as its fruity raw flavor becomes perfectly creamy and soft when fried. 10# case/Riverdog Farms.

SINGLETON SPECIALTY COFFEE

Produce Plus has it's own proprietary line of Specialty Coffee-**Singleton Specialty Coffee**. The coffees are sourced and roasted by our friends Andy and Edie Baker, owners of Sacramento's Chocolate Fish Coffee Roasters, exclusively for Produce Express. The beans for each of the varieties were carefully selected specifically with our restaurant customers in mind. The coffees are roasted to order in small batches to preserve flavor. All varieties are offered in 5# bags of whole beans unless you request the beans to be ground. **Huehuetenango, Guatemala**-(Way-Way-Tenango)-Consisting of four varieties, this coffee is washed processed and sun-dried with pear sweetness, stonefruit acidity, a juicy body and caramel aftertaste. \$10.35/pound. **Mogiana, Brazil**-This coffee is dried in the natural process with notes of milk chocolate and hazelnuts, a low acidity, creamy body and a lingering aftertaste. \$10.45/pound. **Roadrunner Blend**-A 50/50 blend of the Guatemala and Brazil Coffees with a light chocolate sweetness, citrus and stonefruit acidity, medium body and a caramel aftertaste. The Roadrunner Blend is also used for the **Espresso Roast**. \$10.20/pound. **Mexican Decaf**-Stonefruit sweetness, low acidity, buttery body and brown sugar aftertaste. \$11.45/pound.



LOCAL FARMS

Ray Yeung's Heirloom Tomatoes

Purple Cherokee-10#
Carolina Gold-10#
Pink Brandywine-10#
Black Prince-10#
Green Zebra-10#
Black Pineapple-10#
Shady Lady True Vine Ripe-20#



Del Rio Botanical-Organic

Mixed Medley Cherry Tomatoes-12 pint
Mixed Baby or Teenage Squash-10#
Salad Mix with Petals and Herbs-2#
Squash Blossoms-35ct
Lemon Verbena-#
Quail Eggs-10ct
Honey-gallon
Purslane-1#
Arugula-4#



Dragon Gourmet Mushrooms

Shittake-5#
Oyster-5#
Brown Beech-4#
Eryngii/Trumpet Royale-5#



Twin Peaks Orchard

White or Yellow Peaches-case/pound
White or Yellow Nectarines-case/pound
Dapple Dandy Pluots-case/pound

Dwelley Farm-

Blue Lake Beans-30# case or pound
Yellow Wax Beans-10# case or pound
Romano Beans-10# case or pound
French Green Beans-10# case
White or Yellow Corn-48ct case/piece
Cranberry (Shelling) Beans-10# case

Castaneda Bros. Produce

Zucchini-20# case or pound
Gold Bar Squash-20# case or pound
Sunburst & Pattypan Squash-20# case
Ronde de Nice Squash-20#
Grey Squash-20#

Riverdog Farm-Organic

German Butterball Potatoes-25#
Padron Peppers-5#
Jimmy Nardello Peppers-10#

Ron Kelley Farm

Savor Melon-6-8ct case
Ambrosia Melon-6-8ct case
Crème de la Crème Melon-6-8ct case
Twice as Nice Melon-6-8ct case
Crenshaw Melon-4ct case
Mixed Case Melon-7-8ct case
Gypsy Peppers-10#
Shishito Peppers-5#



Buy Local, Buy Fresh, Buy the Best



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