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MARKET OUTLOOK

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SEPTEMBER 8, 2016

Delta Pears



APPLE HILL

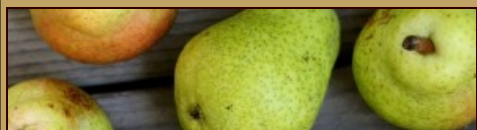
LARSEN APPLE BARN



This week we are offering varietal apples from **Larsen Apple Barn**, one of the many growers located just past Placerville in the area known as **Apple Hill**. Larsen Apple Barn is the oldest (1860) family owned and operated farm in the area. Larsen offers over a dozen varieties of apples as well as pears, peaches and nectarines seasonally, along with fresh apple cider, honey and pumpkins. Apple Hill apples are seasonal, the harvest running from late summer and throughout the fall season. The following varieties are now available. **Golden Delicious**-Golden in color with firm white flesh, balanced sweetness and acidity. This multipurpose apple can handle many preparations. Good for eating out of hand and in salads as well as being cooked and used in tarts and pies. Golden Delicious apples pair well with savory items as well and makes excellent apple sauce. 40# case only \$35.75. **Jonathan**-Medium sized and covered in a thin red skin, blushed with yellow to green undertones. A good-quality Jonathan apple will be firm with smooth, clean skin and have good color for the variety. The flesh is creamy yellow in color with a mildly sweet tart/tang flavor. Good for eating out of hand, in salads and some cooking methods. 40# case \$39.75. **Gala**-The first variety to harvest from Larsen Apple Barn. Their dense flesh is creamy yellow and crisp, offering a mildly sweet flavor and floral aroma with red stripes over a pale yellow background. Better for eating out of hand and in salads rather than baking; also good for applesauce. 40#/\$35.75 or 10#/\$13.75. **Hosui Asian Pear**-Hosui, meaning 'abundant juice', is the leading Asian pear variety in California-large, round russeted brown skin, sweet, refreshing, crisp and rich with a brandy aroma. 10# case \$19.75.

"Farm to you overnight"

Stillwater Orchards is a long established farm next to the Sacramento River in the town of Courtland. The region is known to produce some of the best pears in the world. The Bartlett pear is the nation's leading pear variety and counts for 75% of the California harvest. We are currently offering several varieties: **Delta Bartletts** are classic summer pears-sweet and juicy with buttery flesh and distinct aroma. 40#case or pound. **Stark Crimson**-This colorful red pear has the same characteristics as the Bartlett. When fully ripe, the skin is at its brightest. 20# case or pound. **Seckel**-An excellent dessert pear, small in size but big on sweetness. Skin does not change color but softens around the stem when ripe. Great served with cheese or baked into tarts. 20# case only. **Bosc**-The most popular dessert pear, excellent for baking. The Bosc pear shows no skin color change during ripening, but shrivels at the stem instead. 40# case or pound. **French Butter**-Juicy, buttery flesh with hints of lemon. A great baking pear. 20# case only. **Comice**-Its very juicy-creamy flesh has a winey aroma and is one of the sweetest and juiciest pear varieties. 20# case.



HEIRLOOM EGGPLANT



This week we are featuring **Heirloom Eggplant**, organically grown from Riverdog Farm. Eggplants are a member of the large and diverse nightshade family and come in a wide range of colors, shapes and sizes that range from small, striped orbs the size of a golf ball to green, purple or white elongated varieties, purple and white striped globes and dark black eggplants weighing over 2 pounds. We are offering a few of these varieties packed in a 10# case. **Graffiti**-Classic eggplant shape with striking bicolor purple and white striped skin, white flesh. \$39.75. **Rosa Bianca**-Italian Heirloom-medium in size, tear drop shaped eggplant with lavender-white skin and creamy white flesh with no taste of bitterness, mild in flavor. \$39.75. **Mixed Eggplant**-International mix of 4-5 types-purple, white and green; various size and shape. \$39.75.

VARIETAL FIGS



The local Fig season is in full swing and we are pleased to continue our relationship this year with **Windmill Farm**, a 200 acre farm in Yolo County just outside of **Woodland, CA**.

This week we offer four varieties of figs with more varieties to follow as they become available. **Black Mission**-Dark purple skin with 'jammy' flesh. Sold by the 12 pint case \$33.75 or pint. **Kadota**-Green skin with sweet raspberry-like flesh. 6 pint case \$19.75. **Violette de Bordeaux**-Resembles a small Mission Fig with thin purple skin, sweet, creamy red interior. 6 pint case \$19.75. **Candy Stripe**-Light yellow and green-striped skin with crimson-colored flesh with a flavor similar to that of strawberry or raspberry jam. This variety is considered to be one of the best tasting of all figs. 6 pint case \$19.75. Enjoy the harvest.



LOCAL FARMS

Ray Yeung Farm-

- Green Tomatoes-20# case
- Heirloom Tomatoes-10# case
- 'Toy Box' Heirloom Tomatoes-10# case
- True Vine Ripe Tomatoes-20#
- Butternut Squash-40#



J&J Ramos

- White/Yellow Peaches-case or pound
- White/Yellow Nectarines-case or pound
- Plums-case or pound

Del Rio Botanical-Organic

- Mixed Medley Cherry Tomatoes-12 pints
- Salad Mix with Petals and Herbs-2#
- Mixed Baby Eggplant-2#
- Mixed Baby Squash-10# *LIMITED
- Mixed Cucumbers-10#
- Teenage Squash-20# *LIMITED
- Lemon Cucumbers-10#
- Braising Mix-4#
- Red Frisee-2#
- Baby Arugula-4#
- Squash Blossoms-35ct



Maciel Farm/ Castaneda

- Italian Squash-case or pound
- Gold Bar & Yellow Squash-case or pound
- Summer & Sunburst Squash-case
- Toy Box Squash-case
- Jalapeno-case or pound
- Tomatillo-case or pound
- Pickling Cucumbers-case



Riverdog Farm- Organic

- Graffiti Eggplant-10#
- Rosa Bianca Eggplant-10#
- Mixed Eggplant-10#
- Sweet 100's Tomatoes-12 pints
- Yellow Pear Tomatoes-12 pints
- Gold Nugget Cherry Tomatoes-12 pints
- Medley Cherry Tomatoes-12 pints
- Gypsy Peppers-10#
- Jimmy Nardello Peppers-10#
- Toy Box Peppers-10#
- Mixed Melons-5ct
- German Butterball Potatoes-25#



Dwellely Farm

- Corn-Yellow/White-case or each
- Blue Lake Beans-case or pound
- Yellow Wax Beans-case or pound
- Romano Beans-case
- French Beans-case
- Cranberry Beans-case *LIMITED



Vierra Farm-

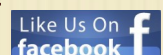
- Sweet Yellow Corn-48ct case or piece
- Sweet White Corn-48ct case or piece
- Black Imagination Watermelon-each

Capay Organics-Organic

- Nantes Carrots-24 bunch



Buy Local, Buy Fresh, Buy the Best



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