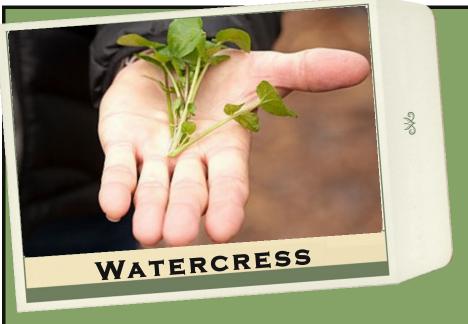


MARKET OUTLOOK

Call Today! 530 581-1525



SAUSALITO SPRINGS



This week we are offering a rather unique edible plant-Sausalito Springs Organic Watercress. Sausalito Springs is a small family farm located in Sonoma County and watercress is their only crop. Watercress in an aquatic, succulent leafy plant that roots and grows wild in clear, shallow streams. Sausalito Springs grows their watercress in fresh well water and har-

vests only the tops of the plant which are then triple washed, hydro cooled and hand packed loose leaf, rather than bunched, in clear, plastic bags. Watercress is a prominent member of the mustard family and contains a volatile mustard oil with compounds similar to those in radishes, which gives the plant its unique peppery flavor. Watercress also possesses an alphabet of vitamins-A, B, C, D and E-as well as minerals-iron, zinc, copper, sulfur, manganese and germamium (a blood cleanser). All of this adds up to the fact that watercress is one of the healthiest plants for us humans found in the natural world. Sausalito Springs watercress is a live product and certified organic. Moisture is added after packaging to promote continued growth. When properly handled, shelf life is 10-14 days. It is best stored in original bag, kept flat and turned daily. Optimum temperature

is 38 degrees. When used in restaurant containers, keep covered with wet towel. Sausalito Springs watercress is excellent in salads and sandwiches, pairs well with fish and would make a flavorful and delicate watercress pesto.



FEBRUARY 4, 2016

Farmington Fresh



This week we offer pre-sliced Apples and Oranges from Farmington Fresh. Farmington Fresh is a family owned in Stockton which business processes sliced fruit in convenient pack sizes for use in many applications. We offer single serving **Red Apples** and Orange Wedges for use in 'Grab & Go' deli counters, boxed lunches, office luncheons, and catering events. They offer a healthier alternative and are the perfect size for school and hospital lunch-Sliced Red Apples-100/2oz bags \$29.75. **Orange Wedges**-50/3oz Sliced Green Apples with Caramel Cup is also available. 12/4.5oz cups per case \$29.75. Sliced Apples are also available in a **3# Foodservice** pack size which works well for bakeries and restaurants. The sliced apples are great for pies, tarts, cakes, applesauce, and salads. Foodservice Sliced Apples-4/3# bags per case \$24.75.



HAND MADE CARAMELS



caramels created flavored specifically to pair with wine and are a perfect addition to your **Valentine's Day** offer-

ings. **3D Candies** is the creation of a Sacramento couple-Eric and Cindy Straub. Eric and Cindy stumbled upon a recipe in an Red Cabbage-35# case and Cindy Straub. Eric and Cindy stumbled upon a recipe in an old, recently purchased Queen Anne Victorian. They used the recipe and played a little with it, keeping many of the features but improving others, creating a soft and creamy They then took the treat, wrapped the delightful piece in Dark Chocolate and what began as a hobby by sharing their dies with friends and neighbors has now turned into a full time family owned business producing unique candies on a daily basis. 3D Candies are produced in **Sacramento** using **72% Guittard Chocolate**, **California Almonds** and **Raspberries**, French Bleu Cheese, Dried Figs, Espresso and other unique flavors. The candies are also unique in the way that they will not stick to your teeth, a proprietary technique that creates a buttery texture and rich molasses flavor. The candies will work well in the bar offered with a **wine flight** or **pairing**, after dinner with coffee, or as a dessert option. 3D Candies now supplies local wineries with their creative caramels including;

Grgich Hills, MiraFlores, Vino Noceto, Boeger Winery and others. 3D Candies can also be found at Corti Bros and Taylor's Markets. We are excited to offer the following five candies. They are packed in 3 piece sleeves, 10 sleeves per case (30 pieces total) \$30.75 (non-GMO and Gluten Free). Salted Caramel-Pink Himalayan Salt, 72% Guittard Chocolate,

garnished with more Pink Himalayan Salt.

Almond Caramel-Roasted California Almonds, 72% Guittard

Chocolate garnished with chopped almonds.

Figgy Blue-Dried Figs, French Blue Cheese caramel with a hint of truffle oil, wrapped in 72% Guittard Chocolate, garnished with dried fig.

Espresso-Espresso caramel enhanced with cardamom and vinegar wrapped in 72% Guittard Chocolate, garnished with a dusting of ground cardamom.

Raz Ma Haz-Raspberry and Roasted Hazelnut caramel wrapped in 72% Guittard Chocolate, garnished with powdered raspberry.



LOCAL FARMS

We offer a unique line of Sausalito Springs-Organic Watercress-2# bag

Vierra Farms

Butternut Squash-40# Case or piece

Del Rio Botanical-Organic Salad Mix with Petals and Herbs-2#



Baby Ragged Jack Kale-2# Guatemalan Blue Squash-# Tahitian Melon Squash-# Rampicante Squash-# Mixed Winter Squash-# Arugula Rapini-2# Baby Dino Kale-2#

Baby Chard-4# Braising Mix-4# Red Frisee-2# Honey-gallon Honeycomb-16 oz Baby Arugula-4# Quail Eggs-10ct



Dragon Gourmet Mushrooms

Eryngii/Trumpet Royale-5# Brown Beech-4# White Beech-4# Shiitake-5# Oyster-5#

Riverdog Farm-Organic King Richard Leeks-12 bunch Bloomsdale Spinach-4# Dino Kale-12 bunch Scarlet Queen Turnips-10#



J.Marchini Farm Radicchio-12 ct Treviso-12ct Castelfranco-12ct Puntarelle-8ct Mixed Chicory-case Romanesco-6ct case

Full Belly Farm-Organic Tadorna Blue Leeks-20# Green Garlic-12 bunch Red Spring Onions-10# Tokyo Turnips-2 dozen







Buy Local, Buy Fresh, Buy the Best Like Us On F

